



River Deep is a newly established collaboration of like-minded organizations working exclusively to serve individuals with disabilities, many of whom served or are serving in the military. Their common goal is to acclimate, enable and engage their clients as a way to assist in the healing process, improving outlook and quality of life.



www.riverdeepalliance.org
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SCI HOP is a program within this collaboration that organizes group outings for clients across all the organizations to help toward this goal.

September 14th - November 30th, 2018

Location: Stable Strides, Colorado Springs, CO.

Hosted By: River Deep and SCI HOP

Participants: Operation TBI

Equine Assisted Therapy

We just wrapped up an eight-week program of equine assisted therapy, or EAT, providing veterans a chance to try a new type of therapy. A therapy that brings your growing relationship with the horse to the forefront. Often, clients in EAT don't talk directly about problems, issues or fears, rather build a relationship with the horses to build social coping and relationship skills that can be generalized to their everyday relationships and struggles. The open group will focus on helping veterans learn and practice coping skills for symptoms of anxiety, PTSD and depression.

Bob Adwar
River Deep, President
SCI HOP, VP/Humanitarian Chairman



