

River Deep Foundation Outing Report



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Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



Saturday, April 3, 2021

Location: Denver Fencing Center

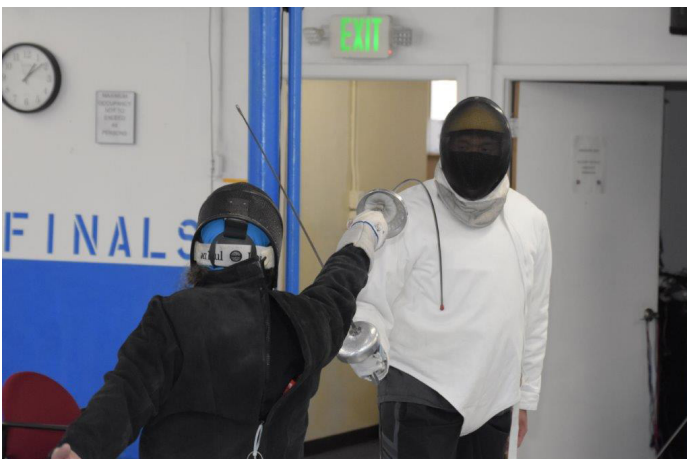
Hosted by: River Deep Foundation and SCIHOP

Participating Groups: Ft. Carson SRU, Operation TBI Freedom, Craig Hospital

Fencing Instruction

This was a first-time fencing experience for our entire group. The always wonderful Denver Fencing Center staff took us through the fundamentals and some drills before outfitting everyone with the proper gear. The drills are fun but also quite a workout and you can see it in everyone's faces. Next, we are paired up for some casual competition and all matches are scored. Thanks again to the Denver Fencing Center volunteers in all of the participants who came out to learn a new activity!

Bob Adwar
President, River Deep Foundation/ Anglers of Honor
Chairman SCI Humanitarian Outreach Program



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