

# River Deep Foundation Outing Report



## Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.

[www.riverdeepfoundation.org](http://www.riverdeepfoundation.org)

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**Date:** October 16, 2021

**Location:** Kilroy's Workshop, Colorado Springs

**Hosted by:** River Deep Foundation

**Participating Groups:** Operation TBI Freedom & Ft. Carson SRU

## Blacksmithing

It was another amazing time with a small group of two veterans and one staff member learning the fundamentals of blacksmithing this weekend! Our Master Blacksmith, Ron Hardman, took his time to make sure everyone understood what to expect from the class. First, they learned a little bit about the history of blacksmithing and put all the skills they learned to practice. For this outing, one of the participants built some hooks for her pet llama at home. Once again everyone had a wonderful time!

Jesus Guerra, CBIS

Military Support Specialist, Operation TBI Freedom

Bob Adwar

Executive Director, River Deep Foundation

Chairman, SCI Humanitarian Outreach Program



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