## **River Deep Foundation Outing Report**



#### Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.

www.riverdeepfoundation.org Bob Adwar bob@scihop.org



Date: July 10, 2021 Location: Specialty Appliance - Greenwood Village, CO Hosted by: River Deep & SCIHOP Participating Groups: Operation TBI Freedom & Ft. Carson SRU

#### Blacksmithing

This blacksmithing class was another fantastic time with a great group! Three veterans and one staff member from OTF, SRU had one cadre, and three active-duty members attend to learn about the fundamentals of this ancient process. Ron Hardman and his staff were top-notch, ensuring the veterans were in for a great class. They took their time to explain how to do everything and made sure each participant was safe. Blacksmithing instills in veterans a sense of warrior spirit—as to make something from raw material and turn it into a functional weapon. Everyone had a wonderful experience.

### Fred Hinton

Eligibility Specialist, Operation TBI Freedom



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