

# River Deep Foundation Outing Report



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## Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



**Date:** Monday, April 5, 2021

**Hosted by:** River Deep Foundation & Denver SCI HOP

**Location:** Cottonwood Art Center - Colorado Springs

**Participants:** Ft. Carson SRU, Operation TBI Freedom

## Art Class - Painting with Paper: Collage

We started this spring with a fun art class, learning a playful application of collage. Our instructor Karen Khoury showed our group of six participants how to make a painting using preselected monochromatic pictures and then adding unexpected elements of color. We had a few families working together during the night creating their pieces and everyone was able to take their works home to share and admire. It was a relaxing night with a great group of people.

Jesus Guerra, CBIS  
Military Support Specialist  
Operation TBI Freedom

Bob Adwar  
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VP, SCI Humanitarian Outreach

