

# River Deep Foundation Outing Report



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## Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



**Date:** Monday, January 4, 2020

**Hosted by:** River Deep Foundation & Denver SCI HOP

**Location:** Cottonwood Art Center - Colorado Springs

**Participants:** Operation TBI Freedom

## Art Class - Landscape Painting

We had another amazing night at the Cottonwood Center for the Arts. We are thrilled that Cottonwood has offered continued opportunities to hold classes safely for us. Now more than ever it's important for our clients to stay engaged in life despite the isolation of the pandemic. Our instructor tonight was Ben Bires, who guided us on painting landscapes. Each student was able to choose from a selection of landscape photos to paint from and they all created an amazing masterpieces! It was an evening of fun and relaxation for all of the participants and their family member.

Jesus Guerra, CBIS  
Military Support Specialist  
Operation TBI Freedom

Bob Adwar  
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VP, SCI Humanitarian Outreach

