

# River Deep Foundation Outing Report



## Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.

[www.riverdeepfoundation.org](http://www.riverdeepfoundation.org)

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**Date:** April 11 2021

**Location:** RMS gear

**Hosted by:** River Deep Foundation and Denver SCIHOP

**Participating groups:** Operation TBI Freedom and Fort Carson SRU

## Archery Instruction

Today we learned the fundamentals of archery with the recurved bows. With the help of the RMS Gear staff and their instruction even the those who have never shot a bow before were doing pretty well by the end of the class. You can tell by everyone's faces that they had a fun, relaxing time. Some may even take up archery as a new hobby! It's been a great outing and big thanks to RMS gear and all who participated.

Bob Adwar

River Deep Foundation, President

SCI HOP - VP of Humanitarian Outreach



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