## **River Deep Foundation Outing Report**



www.riverdeepfoundation.org Bob Adwar bob@scihop.org Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



## September 2nd, 2019

Location: Cottonwood Center for the Arts, Colorado Springs, CO. Hosted By: River Deep Foundation and SCI HOP Participants: Operation TBI Freedom & Ft. Carson Warrior Transition Battalion

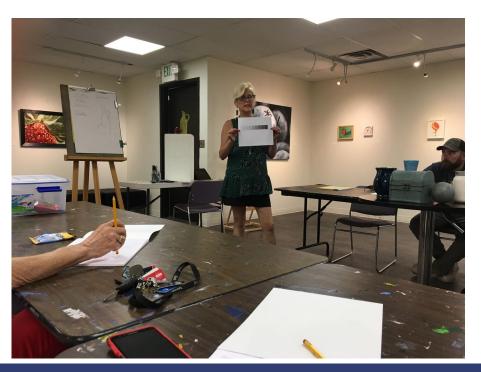
## **Beginning Drawing Class**

Last Monday we had a lot fun in the "Beginning Drawing Class" at the Cottonwood Center for the Arts. Our instructor and portrait artist, LeAnna Tuff, guided us through the basics of drawing; including shape, proportion, and getting your own best likeness.

We learned about values and shading, and about the importance of proper lighting as you draw a basic still life. We also learned foundational techniques that enables us to accomplish our creative goals. Everyone had an amazing time putting learned skills into practice.

Jesus Garcia, CBIS Military Support Specialist, Operation TBI Freedom

Bob Adwar River Deep Foundation, President SCI HOP, VP/Humanitarian Chairman



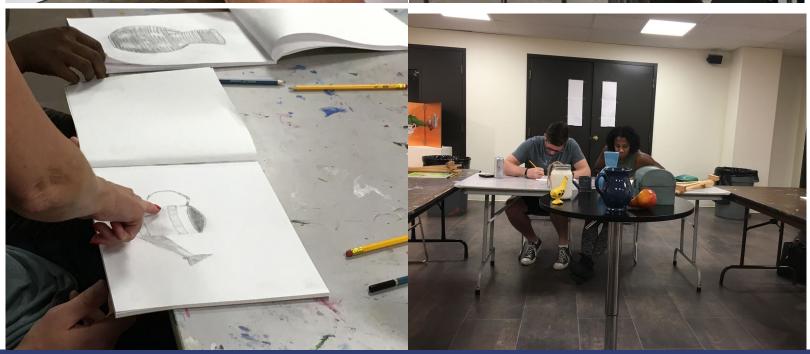
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