

River Deep Foundation Outing Report



Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

www.riverdeepfoundation.org
Bob Adwar bob@scihop.org

Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



September 10th, 2019

Location: U.S. Air Force Academy Equestrian Center, Remount Foundation, Colorado Springs, CO.

Hosted By: River Deep Alliance and SCI HOP

Participants: Operation TBI Freedom

Equine Therapy

We had an amazing time last Tuesday at the U.S. Air Force Academy Equestrian Center, Remount Foundation. We had perfect weather for learning about equine assisted learning. This event taught us even more about Equine assisted learning / Recreational therapy, and it was so much fun.

We had 9 veterans and 1 family member attend. We all observed how beneficial working with horses can be as help with our PTSD and TBI's. After spending some time grooming the horses and learning from our instructor, Jeanne Springer, we went for a nice long trail ride around the Air Force Academy.

Jesus Guerra, CBIS

Military Support Specialist, Operation TBI Freedom

Bob Adwar

River Deep Foundation, President

SCI HOP, VP/Humanitarian Chairman



