River Deep Alliance Outing Report



www.riverdeepalliance.org Bob Adwar bob@scihop.org The programs in River Deep Alliance all focus on healing and support from physical, psychological or emotional injuries and trauma sustained during military or civilian life. This is accomplished through activities and services that enable an individual to reacclimate and re-engage in life. A positive outlook is crucial in the healing process and these activities and services have proven effective for improving outlook and day-today quality of life.

Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



Equine Therapy - June 11, 2019

Location: U.S. Air Force Academy Equestrian Center, Remount Foundation, Colorado Springs, CO. **Hosted By:** River Deep Alliance and SCI HOP **Participants:** Craig Hospital, Operation TBI Freedom, Ft. Carson WTB

Last week, the River Deep Alliance and Denver SCI HOP held the second Equine assisted learning/ Recreational Therapy, and it was so much fun. We had 10 veterans and 2 family members attend. We had the opportunity to learn more about the Equine assisted learning and see how beneficial working with horses can help with our PTSD and TBI's. After spending some time grooming the horses and learning, we saddled up for a nice long trail ride.

Jesus Guerra Military Support Specialist, Operation TBI Freedom

Bob Adwar River Deep Alliance, President SCI HOP, VP/Humanitarian Chairman









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