## **River Deep Foundation Outing Report**



www.riverdeepfoundation.org
Bob Adwar bob@scihop.org

## **Healing Lives One Adventure at a Time**

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



**December 8, 2019** 

Location: Rocky Mountain Speciality Gear, Wheat Ridge, CO.

Hosted By: River Deep Foundation and SCI HOP

Participants: Craig Hospital, Operation TBI Freedom and Ft. Carson Warrior Transition Battalion

## **Archery at RMS Specialty Gear**

We had a large group of kids and adults all excited to learn archery from the expert staff at RMS Gear. We used recurve, crossbows and compound bows. Our lesson began with the range rules and safety instruction. Next, we were up to the shooting line and given bows. The arrows flew and the fun began.

After a few hours of range time, we took a break and had some lunch. It's been a great day and a big thanks to all staff at RMS Specialty Gear, and the volunteers for making this outing possible.

**Bob Adwar** 

River Deep Foundation, President

SCI HOP, VP/Humanitarian Chairman



















