River Deep Foundation Outing Report



Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

www.riverdeepfoundation.org Bob Adwar bob@scihop.org Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



December 14th, 2019

Location: Denver Fencing Center, Denver, CO. Hosted By: River Deep Alliance and SCI HOP Participants: Craig Hospital, Ft. Carson WTB

Denver Fencing Center

The group we had last Saturday are ready to become Swashbucklers. We started with the fundamentals and then we began with some fencing drills. Our instructors helped us get suited up, including a foil. We paired up and began fencing, with some participants keeping score and others keeping it casual.

.Either way, everyone had a fun time learning a new sport. It was a wonderful day and a big thanks to our instructors and the Denver Fencing Center

Bob Adwar River Deep Foundation, President SCI HOP, VP/Humanitarian Chairman



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