

River Deep Foundation Outing Report



Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

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Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



November 4th, 2019

Location: Cottonwood Center for the Arts, Colorado Springs, CO.

Hosted By: River Deep Foundation and SCI HOP

Participants: Operation TBI Freedom

Pine Needle Basket Making Class

Last Tuesday we had another amazing art class. We learned how to craft small baskets from pine needles! Our instructor, Elizabeth Barber, taught our group about identifying, gathering and preparing materials. Our class learned basic coiled basketry techniques and stitches, while creating a small work of art to take home.

Everyone in the class had a wonderful time! A big thanks to the Cottonwood Center for the Arts and our instructor, Elizabeth Barber.

Jesus Guerra, CBIS
Military Support Specialist, Operation TBI Freedom

Bob Adwar
River Deep Foundation, President
SCI HOP, VP/Humanitarian Chairman



