## **River Deep Foundation Outing Report**



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## **Healing Lives One Adventure at a Time**

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



November 23, 2019

**Location:** Denver Fencing Center, Denver, CO. **Hosted By:** River Deep Foundation and SCI HOP

Participants: Craig Hospital

## **Denver Fencing Center**

Our group is gathered and ready to receive instructions from the Denver Fencing Center staff. They explained the fundamentals and then they put us through a series of drills. It was time to suit up and start fencing.

Some of the group kept score which added to the excitement. Everyone had a great time and hopefully we will see them again on future outings.

Bob Adwar River Deep Foundation, President SCI HOP, VP/Humanitarian Chairman

















