

River Deep Foundation Outing Report



Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support

www.riverdeepfoundation.org
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Group outings are funded, planned and organized by River Deep with assistance from the SCI Humanitarian Outreach Program (SCI HOP) who handles much of the logistics.



October 8th, 2019

Location: Cottonwood Center for the Arts, Colorado Springs, CO.

Hosted By: River Deep Foundation and SCI HOP

Participants: Operation TBI Freedom

Mask Making Class

Last Tuesday we had a lot fun in the "Mask Making Class" at the Cottonwood Center for the Arts. Our instructor and mask making artist, Tamara Herl, led us on an amazing journey thru meditation that provided us with ideas and inspiration that helped us to decorate our masks. She taught us to express our choices.

The whole experience was a lot fun and you can see the unique final product of our work.

Jesus Garcia, CBIS
Military Support Specialist, Operation TBI Freedom

Bob Adwar
River Deep Foundation, President
SCI HOP, VP/Humanitarian Chairman



