

# River Deep Foundation Outing Report



www.riverdeepfoundation.org  
Bob Adwar bob@scihop.org

## Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



**Date:** Monday, March 20, 2020

**Hosted by:** River Deep Foundation & Denver SCI HOP

**Location:** Kilroy's Workshop

**Participants:** Operation TBI Freedom & Ft. Carson SRU

## Blacksmithing

This weekend we had an amazing time with a group of five veterans who gathered at Kilroy's Workshop in Colorado Springs to learn the fundamentals of blacksmithing. Our Master Blacksmith Ron Hardman took his time to make sure everyone understood the safety procedures and what the class would entail. They learned a little bit about the history of blacksmithing and were shown some skills and techniques. The group then applied what they learned towards creating a Viking knife to take home with them. Thank you to our partners at Kilroy's for providing the opportunity for our participants to experience this activity!

Jesus Guerra, CBIS  
Military Support Specialist  
Operation TBI Freedom

Bob Adwar  
President, River Deep Foundation/ Anglers of Honor  
VP, SCI Humanitarian Outreach

