

River Deep Foundation Outing Report



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Healing Lives One Adventure at a Time

The River Deep Foundation is dedicated to helping military veterans and other individuals who have experienced physical, emotional or psychological trauma—and those who assist them—to heal and re-engage in life through adventure, recreation and a network of support.



Date: Monday, February 1, 2021

Hosted by: River Deep Foundation & Denver SCI HOP

Location: Cottonwood Center for the Arts Colorado Springs

Participants: Operation TBI Freedom

Art Class - Abstract Expressionism

We hosted 6 veterans and 4 of their family members tonight at Cottonwood Center for the Arts! Our instructor Al B Johnson (AB) taught us about the painting style abstract expressionism. We learned about the fundamentals, talked about famous abstract artists and learned several techniques to paint in this genre. After the block of instruction each student had the chance to apply what they learned, and created two masterpieces of their own. What a fun, creative evening!

Jesus Guerra, CBIS
Military Support Specialist
Operation TBI Freedom

Bob Adwar
President, River Deep Foundation/ Anglers of Honor
VP, SCI Humanitarian Outreach

